

**OVERCOMING YOUR FEAR OF COMMITMENT**  
**Freedom From Your Fears - Part 8 of 10**

**I. THE IMPORTANCE OF MAKING COMMITMENTS**

My Commitments...

\* Reveal my \_\_\_\_\_

*"No one can serve two masters." Matt. 6:24*

\* Shape my \_\_\_\_\_

*"Your life is shaped by your thoughts." Prov. 4:23 (GN)*

\* Determine my \_\_\_\_\_

*"What good is it for a man to gain the whole world, yet forfeit his soul? What can a man give in exchange for his soul?" Mark 8:36-37*

**II. WHY WE FEAR MAKING COMMITMENTS**

**4 Common Barriers**

1. \_\_\_\_\_

2. \_\_\_\_\_

*"A double-minded man is unstable in all his ways." James 1:8*

3. \_\_\_\_\_

4. \_\_\_\_\_

*"If you wait for perfect conditions, you'll never get anything done." Eccl. 11:4 (GN)*

**III. HOW TO OVERCOME THE FEAR OF COMMITMENT**

**1. ASK GOD** \_\_\_\_\_

*"If any of you lacks wisdom, he should ask God, who gives generously to all without finding fault, and it will be given to him." James 1:5 (NIV)*

**2. COMPARE THE** \_\_\_\_\_ **WITH THE** \_\_\_\_\_

*"It is a trap for a man to dedicate something rashly and only later to consider his vows." Pr. 20:25 (NIV)*

Jesus *"Don't begin until you count the cost."* Lk. 14:27 (LB)

3. \_\_\_\_\_ **TO HELP ME KEEP MY COMMITMENTS.**

*"Commit everything you do to the Lord. Trust him to help you do it, and he will." Psalm 37:5 (LB)*

*"It is God who is at work within you, giving you both the will and the power to achieve his purpose." Phil 2:13 (Ph)*

*"... God is able to keep that which I've committed unto him..." 2 Tim. 1:12 (KJV)*

*"... Asa's heart was fully committed to the Lord all his life." 2 Chr. 15:17 (NIV)*

*"The eyes of the Lord range throughout the earth to strengthen those whose hearts are fully committed to him." 2 Chr. 16:9 (NIV)*

