

## Red Letters pt. 3: CONTROLLING MY REACTIONS

Matthew 5:5 "Happy are the meek, for they will inherit the earth."

### Clearing up the confusion

What meekness is NOT:

What meekness IS:

### When do I need to control my reactions?

1. When someone serves you ...

Be \_\_\_\_\_, not \_\_\_\_\_.

"Don't just think about your own affairs, but be interested in others too, and in what they are doing. Your attitude should be the same as Jesus Christ's." Phil. 2:4-5 (GN)

2. When someone disappoints you ...

Be \_\_\_\_\_, not \_\_\_\_\_.

"Accept him whose faith is weak, without passing judgment on disputable matters."  
Rom 14:1

"If a person is trapped in some sin, you who are spiritual should restore him gently. But watch yourself, or you also may be tempted. Carry each other's burdens." Gal. 6:1-2

3. When someone disagrees with you ...

Be \_\_\_\_\_, not \_\_\_\_\_.

"A gentle answer quiets anger but a harsh word stirs it up." Prov. 15:1 (GN)

"Wherever there is jealousy or selfish ambition, there will be disorder ... But wisdom from above is pure, powerful, gentle, and friendly." James 3:16-17 (GN)

"The Lord's servant must not quarrel ... those who oppose him he must gently instruct, in hope that God will give them a change of heart ..." 2 Tim. 2:24-25

4. When someone corrects you ...

Be \_\_\_\_\_, not \_\_\_\_\_.

"Let everyone be quick to listen, but slow to use his tongue, and slow to lose his temper." James 1:19 (Ph)

5. When someone hurts you ...

Be \_\_\_\_\_, not \_\_\_\_\_.

"Do not repay evil for evil ... overcome evil with good." Rom 12:17, 21

"He who is slow to anger is better than the mighty, and he who rules his own spirit, than he who captures a city." Prov. 16:32

"God's Spirit does not make us timid, instead his Spirit fills us with power, love, and self-control."  
2 Tim. 1:7