

RED LETTERS pt. 2: HOW TO HEAL A BROKEN HEART

Matthew 5:4 "Happy are those who mourn, for they will be comforted."

HOW TO EXPERIENCE GOD'S COMFORT

1. Realize _____

"The Lord is close to the brokenhearted and saves those who are crushed in spirit."

Psalm 34:18

Things I Need to Remember

* God is _____

"You (God) keep a close watch on all my paths." Job 13:27

* God _____

"The Lord is good, a refuge in times of trouble. He cares for those who trust in Him . . .

(Nahum 1:7)

* God _____

"Let us approach (God) with confidence, so we may receive mercy and find grace to help us in our time of need." Hebrews 4:16

2. Realize _____

How?

I must stop focusing on _____ and start focusing on _____.

"... Do not dwell on the past. See, I am doing a new thing!" (says the Lord) Isaiah 43:18

"Dear friends, never avenge yourselves. Leave that to God, for He has said He will repay those who deserve it." Rom 12:19 (LB)

3. Rely on _____

Three "Comforters":

* God's _____

"I am completely discouraged ... Revive me by your Word. ...Your Word has been my comfort." Ps. 119:25, 52 (LB)

* God's _____

"... The God of all comfort comforts us in all our troubles, so that we can comfort others with the comfort we ourselves have received from God." 2 Cor. 1:3-4

* God's _____

"May the God of hope fill you with all joy ... that by the power of the Holy Spirit, your whole life and outlook may be radiant with hope." Rom 15:13 (Ph)